

Title:

Why Do I Vomit?

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Before Reading

- Look at the title and table of contents. What do you think causes vomiting?
- Discuss:
 - Have you ever been sick to your stomach?
 - What do you think happens inside the body before we vomit?
- What questions do you have about how your body handles gross stuff?

During Reading

- After each section, talk about:
 - What made someone vomit in this chapter?
 - What is the science behind it?
 - Was it funny, gross, or surprising?
- Keep a list of the weirdest causes of vomit!

After Reading

Group discussion

- Which cause of vomiting surprised you the most?
- What was the grossest fact?
- What did you learn about how your body protects itself?

Activities

1. Top 3 Vomit Triggers

- Pick your three favourite (or grossest) vomit causes from the book.
- Write one or two sentences about what happens in each case.
- Rank them from “sort of gross” to “super gross!”

2. Comic Strip: Theme Park Puke

- Turn the Theme Park Puke chapter into a short comic.
- Use drawings and speech bubbles to show what happens.
- Add your own twist at the end!

3. Invent a Gross Body Fact Game

- Create a trivia game with facts from the book.
- Make cards with questions and answers.
- Challenge friends or classmates to play!