

Title:

Sports Facts

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Before Reading

- Look at the cover and contents. Which extreme sports do you know already?
- Discuss:
 - What makes a sport 'extreme'?
 - Which of these would you try? Why?
 - What safety gear do you think these sports need?
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During Reading

- After each sport, ask:
 - What makes this sport exciting or dangerous?
 - What skills or equipment are needed?
 - Would you like to try this sport?
- Mark your top 3 favourite extreme sports in the book.

After Reading

Group discussion

- Which sport surprised you the most?
- What did you learn about staying safe?
- How do athletes train for such wild challenges?

Activities

1. Create a Sports Trading Card

- Choose one extreme sport from the book.
- Make a trading card with:
 - Name of the sport
 - Key skills and gear
 - Fun fact
- Add a picture of someone doing it!

2. Top 3 Challenge

- Pick your top three favourite sports from the book.
- Write a few sentences explaining:
 - Why each one is cool or impressive
 - Which one you'd try first (and why)

3. Design a New Extreme Sport

- Use your imagination to invent a brand-new extreme sport.
- Answer these:
 - What do players do?
 - Where does it take place?
 - What makes it extreme?
- Draw the action!