

Title:

I Am Happy

Author:

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Before Shared Reading

- Show the children the front and back cover of the book.
- Ask: "What do you think this book is about?"
- Read the title of the book.
- Talk with the children about what they expect from the story, and that feelings are something we can feel in both our head and body.
- Talk about different emotions. For example:
"Happy is a feeling. Do you know any other feelings?"

During Shared Reading

- The adult reads the text aloud to the children.
- Pause along the way and say:
"Look at the picture on the right-hand page. What feeling do you think this is?"
- Ask the children to guess what the text says.
- Then continue reading.

After Shared Reading

- Talk with the children about:
"What was the book about?"
- Talk about the theme of the book:
"Have you ever felt angry?"
"When do you feel happy?"
"Is there something you're afraid of?"
- Ask follow-up questions about the different emotions.

Individual Reading

Each child gets a copy of the book.

Instructions:

- “Use a quiet reading voice – one you can hear yourself, but others can barely hear.”
- “Use your finger to point to each word as you read.”
- Or: “Read with a small pause between each word.”

Activities

Each child should have a notebook or whiteboard.

Task 1

- On the word card sheet, you’ll find the sentence “I am happy.”
- Cut out the words and arrange them in order.
- Find the sentence in the book. Are your words in the right order?
- Write the sentence in your notebook or on the whiteboard.

Task 2

- On the sheet there are 4 faces.
They are labeled: “happy”, “angry”, “sad”, and “afraid”.
- Can you complete the faces so they match the emotions?
- You may look at the drawings in the book for help.

Task 3 – Writing Exercise

- Look in the book. Find a feeling and write the sentence in your notebook or on the whiteboard.

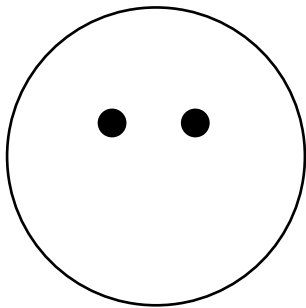
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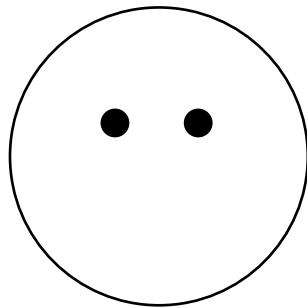
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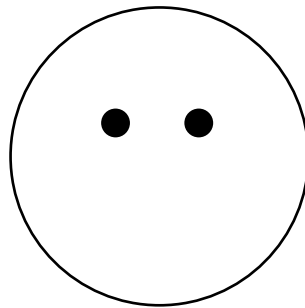
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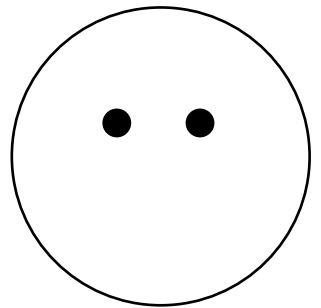
Happy



Afraid



Sad



Angry